

I am a visual artist, Born in The Netherlands in 1960. My father, Leo Mes was also a visual artist and I grew up doing life drawing with my father and learning all about the different media and their applications. I have been drawing and painting since I was a child.

As an adult I studied and apprenticed with Artist and Creative, Jan de Kok in Culemborg, The Netherlands. In 1991 I made a permanent move to Vancouver, Canada and was able to take courses at Emily Carr University of Art and Design. I also worked for many years as a Faux Finisher, Graphic Designer, Illustrator and provided companies with clipart.

Co-winner, with Therese Lydia Joseph, of the Don S Williams Grant 2013 from Fans for the Arts on the North Shore which recognizes the artistic contributions and accomplishment of North Shore artists who have demonstrated a maturity of talent.



In my work. I look for different ways of expressing the world around me in the simplest format through either limiting my colour palette or by simplifying my subject. My subjects reveal themselves through layers of applied paint that is intuitively chosen. I enjoy finding the mood through figurative Art. I have struggled for many years with Chronic Depression and although I am in remission, I still find my art is influenced by the moods and the feelings that I experienced during that time.

I strive to express, through my work, the mood or signature that the subject leaves in my mind.

I am what I paint. I am the medium expressing the world around me and inside me.

## Exhibitions:

- **Jan de Kok Gallery**, Acrylic veiling techniques, 1997
- **Holy Trinity Church**, Various works in the atrium, 2009
- **Culture Days** Holiday Inn, North Vancouver. 2012
- **3rd Annual North Shore Art Crawl**, Dandelion Studio, 2013
- **Art in the Atrium 2013**, North Vancouver
- **FANS Tribute to the Arts on the North Shore**, Gordon Smith Gallery for Canadian Art, North Vancouver, 2013
- **Aarps & Co gallery**, Arubastraat 1 Amsterdam 2-11 April 2014