

VISUAL ARTIST
THERESE LYDIA JOSEPH
therese-joseph.com



Biography

Born in Bern, Switzerland. Residing in North Vancouver, BC, Canada

Education: Kindergarten Teacher, Early Child Hood Educator, Artist (Self-directed)
2002 – present: Numerous workshops through Emily Carr, Langara College, FCA,
Simply Drawing/Life Drawing program. Private and group session with carefully selected mentors.

Work History: 1976 – 1989 Kindergarten Teacher, Special Needs Teacher
1989 Author/Illustrator of 5 children's books presently used in French Schools throughout Canada
1991 – 2013: Art Instructor, Art Classes for children at various elementary schools
2007 – present: Member of *5enses*: professional group of 5 female artists
2010 – present: Art Instructor – Mixed-Media/Acrylic & Expressive Drawing: Juniors to Seniors
2012 Community Art Project Leader, 'The Rights of the Child Campaign' BC
2012 Art Project Leader for Teen Moms, North Shore Neighbourhood House
2013 Art Project Leader for Teen Parents, North Shore Neighbourhood House
2013 - present: Art Instructor – Parent/Child painting classes, Dandelion Studio

Artist Statement

Every day I stumble upon the hidden beauty of ordinary, often unnoticed and disregarded subjects. I get caught up in the unexpected wonder of its form, shape and colour. My aim is to grab hold of the intense feeling this provokes in me and capture it on canvas. Using acrylics and mixed media allows me to approach the subject with great creativity. I love bright colours, texture and detail in my paintings. Ultimately I seek harmony between

“strength and fragility” and “vibrancy and serenity”.

When I feel the same awareness of wonder stirring in me as when I first came upon the hidden beauty - I know the painting is done and art is created.

About my Figurative Work: **“FACES”** is a figurative/abstract series of portraits I am presently working on. I am passionate about drawing and painting faces and thoroughly enjoy seeing how personality and temperament come into being from an empty canvas. About my **“FIGURES”** - It fascinates me to portray ladies caught in a moment in time - moments of anticipation and dreams about the future – moments of memories and reflection of the past and present. Even though these moments might be sad, tough, unfair or undesired it is my aim to focus on that last flicker of hope, unseen beauty or strength that hides in the soul of my subjects. – “Hope is a waking dream.” – Aristotle

Awards

2011 - L'Arche - Honorable Mention for “Three Sisters” Painting
2012 - Best of Artists International - Honorable Mention for “Dance of Dreams” Painting
2013 - Don S. Williams Grant Award 2013

Gallery Representation

Portico Gallery, Squamish, BC
Artbomb – West Coast, BC
CityScape Gallery, Art Rental Program, North Vancouver

Selected Shows/Exhibitions

2014 June - **Mystique** – *Duo Show*, Leith Square Gallery, Port Coquitlam, BC
2014 January - **Let's Face It** - CityScape Gallery, North Vancouver, BC
2013 November - **Colour Burst** – *Duo Show*, November - Silk Purse, West Vancouver, BC
2013 January – **Dare to Dream** - *Solo Show*, The Baker and the Chef, Gastown, Vancouver, BC
2011 March – **A Thread Runs Through It**, *Solo Show*, Ariel's, West Vancouver, BC
2011 June – **Brush Strokes** – Brush Stroke Gallery, Montreal, QC
2010 July – **Heimwärts von Auswärts**, *Solo Show*, Bern, Switzerland, CH